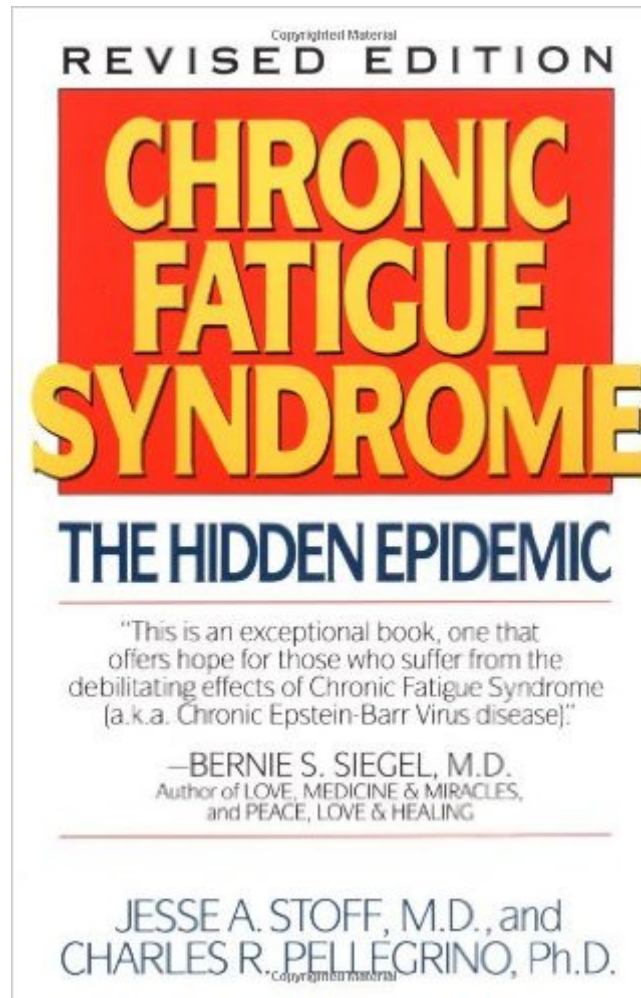


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# Chronic Fatigue Syndrome



## Synopsis

Difficult to diagnose, impossible to "cure," Chronic Fatigue Syndrome (CFS) appears to be a modern medical nightmare-come-true for a growing number of victims. A disorder known by names ranging from "Raggedy Ann Syndrome" to Chronic Epstein-Barr Virus disease, CFS strikes with the following devastating symptoms: Extreme weakness and exhaustion Persistent apathy and depression Memory loss Impaired concentration Recurrent achiness, low-grade fever, swollen glands Exaggerated allergic reactions Hypoglycemia Aggravation of preexisting conditions Susceptibility to secondary illness

## Book Information

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Average Customer Review: 4.1 out of 5 stars [See all reviews](#) (14 customer reviews)

Best Sellers Rank: #663,446 in Books (See Top 100 in Books) #166 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Chronic Fatigue Syndrome & Fibromyalgia](#) #3136 in [Books > Health, Fitness & Dieting > Women's Health](#) #25235 in [Books > Parenting & Relationships](#)

## Customer Reviews

Chronic Fatigue Syndrome, the Hidden Epidemic is an amazing book. Initially, it can be difficult to get through the first two chapters, but a real gem of a book with anyone dealing with Chronic Fatigue Syndrome, Epstein Barr Virus, Cytomeglovirus, HHV-6, Fibromyalgia and Environmental Toxins. We have been using the advice from Dr. Jesse Stoff for years at the Institute of Anti-Aging and Longevity in Carson City, Nevada because we believe that Dr. Stoff is correct in the belief that the body can heal itself through it's own immune system when dealing with the five issues that weaken the immune system called the P.I.T.T.S. which stands for Poor Nutrition, Infection, Toxins, Trauma and Stress. We have been applying the protocols from Dr. Stoff with excellent results. This book is a godsend from Dr. Stoff. It really goes into detail of the hows and whys of Chronic Fatigue Syndrome and how to put it into remission with your own immune system. Dr. Stoff give excellent

protocols to help the patient and the book gives 80 per cent of his treatments, but if you combine this book with his latest one called *The Prostate Miracle* on cancer you have an excellent outline of what to do to improve your health, your immune system and putting the disease into remission. We have been using his research for years and find that the key to helping the patient the most is dealing with the stress and the new nutrient AiE10 in the *Body Wise AG Immune* to "trigger" the communication pathways of the immune system; especially as a modulator since so many patients (especially women) are dealing with auto-immune difficulties such as Lupus, Multiple Sclerosis, Rheumatoid Arthritis, Candida, Fibromyalgia and other combinations of viruses and bacteria. If anyone would like receive the advanced protocols of Dr.

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The Vitamin Cure for Chronic Fatigue Syndrome: How to Prevent and Treat Chronic Fatigue Syndrome Using Safe and Effective Natural Therapies  
Adrenal Fatigue: Overcome Adrenal Fatigue Syndrome With The Adrenal Reset Diet. How To Reduce Stress, Anxiety And Boost Energy Levels And Overcome Adrenal Fatigue Syndrome  
Explaining 'Unexplained Illnesses': Disease Paradigm for Chronic Fatigue Syndrome, Multiple Chemical Sensitivity, Fibromyalgia, Post-Traumatic Stress Disorder, and Gulf War Syndrome  
The Fatigue and Fibromyalgia Solution: The Essential Guide to Overcoming Chronic Fatigue and Fibromyalgia, Made Easy!  
Smash Chronic Fatigue: A Concise, Science-Based Guide to Help Your Body Heal, and Banish Fatigue Forever  
One & the Same: Connecting Fibromyalgia, Chronic Fatigue Syndrome, Candidiasis & Immune System Dysfunction  
Chronic Fatigue Syndrome and the Yeast Connection: A Get-Well Guide for People With This Often Misunderstood Illness--And Those Who Care for Them  
Treating and Beating Fibromyalgia and Chronic Fatigue Syndrome  
Diagnosing and treating Chronic Fatigue Syndrome: its mitochondria, not hypochondria  
Chronic Fatigue Syndrome Defeat Chronic Fatigue Syndrome: You Don't Have to Live with It -- An Eight Step Protocol  
Strategies: A Chronic Fatigue Syndrome and Fibromyalgia Journey  
Autoimmune: The Cause and The Cure (This book identifies the cause & the cure for: Chronic Fatigue Syndrome, Fibromyalgia, Lupus, Rheumatoid Arthritis, Raynaud's, Rosacea, Myasthenia Gravis, Hashimoto's, Type 2 Diabetes, Multiple Sclerosis, Sjogren's, and more)  
Adrenal Fatigue: How to Reduce Stress, Boost Your Energy Levels, and Overcome Adrenal Burnout Using the Adrenal Reset Diet (Reset Your Diet Now and Say Goodbye to Adrenal Fatigue Forever)  
If I Only Had a Brain Injury: A TBI Survivor and Life Coach's Guide to Chronic Fatigue, Concussion, Lyme Disease, Migraine or Other "Medical Mystery"  
The Fibro Fix: Get to the Root of Your Fibromyalgia and Start Reversing Your Chronic Pain and Fatigue in 21 Days  
Boundless Energy: The Complete Mind/Body Program for Overcoming Chronic Fatigue (Perfect Health Library Series ,

No 3) As my body attacks itself: My journey with autoimmune disease, chronic pain & fatigue The New Bible Cure for Chronic Fatigue and Fibromyalgia: Ancient Truths, Natural Remedies, and the Latest Findings for Your Health Today (New Bible Cure (Siloam)) A Meditation to Help With Fibromyalgia & Chronic Fatigue (Heath Journeys Guided Imagery CD)

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